



AMS RELATIONSHIPS EDUCATION LONG TERM OVERVIEW - PRIMARY

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
1	Families O1 - Our families and how they make us feel.	Caring friendships O10 - Choosing and making friends.	Respectful relationships O17 - Good manners and courtesy.	Respectful relationships O18 - Self-respect and happiness.	Being safe O26 - Looking after my body and being respectful to others.	Online relationships O33 - Rules for staying safe online.
2	Families O2 - How my family cares for me and keeps me safe.	Caring friendships O11 - How friends make us feel happy and secure.	Respectful relationships O19 - Respecting each other's differences.	Being safe O27 - Differences between appropriate and inappropriate physical and other contact.	Being safe O28 - Boundaries and secrets in friendships.	Online relationships O34 - Know that sometimes people pretend to be someone else, including online.
3	Families O3 - Love, security and stability in happy family relationships.	Caring friendships O12 - Characteristics of caring friendships.	Respectful relationships O20 - Practical steps to support respectful relationships.	Respectful relationships O21 - Different types of bullying and the impact of bullying.	Being safe O29 - Persistence in asking for advice and help.	Online relationships O35 - Applying the same principles to online relationships as face-to-face relationships.
		Caring friendships O13 - Healthy, positive friendships and how they make us and others feel.				
4	Families O4 - Characteristics of a healthy family including, spending time together.	Families O6 - Problems in family life and family relationships.	Caring friendships O14 - Problems in friendships and how to resolve them.	Respectful relationships O22 - Responsibilities of bystanders and reporting bullying.	Being safe O30 - Responding safely and appropriately to unknown adults, including online.	Online relationships O36 - How information and data is shared and used online.
	Families O5 - Commitment in family life, including extended family, and sharing each other's lives.					
5	Families O7 - What to do when family relationships become unhappy/unsafe.	Caring friendships O15 - Recognise who to trust and evaluating when friendships make me unhappy.	Respectful relationships O23 - Respecting others, including those in positions of authority.	Respectful relationships O24 - What stereotypes are and the impact of them.	Being safe O31 - Recognise and report feelings of being unsafe or feeling bad about adults.	Online relationships O37 - Recognising and reporting risks and harmful content.
6	Families O8 - Different types of families and how we respect differences.	Families O9 - Marriage, including legal perspectives.	Caring friendships O16 - Managing conflict.	Respectful relationships O25 - Permission seeking and giving in relationships.	Being safe O32 - Getting advice and developing the confidence and vocabulary to report concerns of abuse.	Online relationships O38 - Critically consider online friendships and sources of information.